

National Hotlines

National Suicide Prevention Lifeline: 988

Crisis Text Line: Text "help" to 741-741

Teen Line: Text "TEEN" to 839863

Trevor Project: Call 1-866-488-7386 or text "START" to 678678

Trans Lifeline: Call 1-877-565-8860

Pivot School Counseling Website

Check out the <u>Pivot School Counseling Website</u> to contact one of our counselors or to explore the virtual counseling office for fun activities, resources, and all things wellness!

Community Resource Guide

Did you know... research has shown that volunteering leads to lower rates of depression and anxiety. Volunteering reduces stress and increases positive, relaxed feelings by releasing dopamine. By spending time in service to others, volunteers report feeling a sense of meaning and appreciation, both given and received, which can have a stress-reducing effect. Reduced stress further decreases risk of many physical and mental health problems, such has heart disease, stroke, depression, anxiety and general illness.

Butte County Resources

Counseling and Mental Health

African American Family and Cultural Center

Support groups, activities, and classes for African Americans in the Oroville area. African American Cultural Center (530) 532-1205 3300 Spencer Avenue, Oroville, CA 95966

Butte County Department of Behavioral Health

Provides 24-hour telephone and personal crisis intervention and counseling by appointment. Substance abuse services, group counseling, and referrals to in-patient substance abuse facilities.

Crisis Intervention Toll Free Line (800) 334-6622

Local Crisis Intervention Line: (530) 891-2810

Chico Community Counseling Center: (530) 891-2945 109 Parmac Avenue, Chico, CA 95926

Chico Adult Outpatient Center: (530) 891-2784 560 Cohasset Avenue, Chico, CA 95926 Oroville Adult Services: (530) 538-7705 18 County Center Drive, Oroville, CA 95965 Gridley Community Counseling Center: (530) 846-7305 995 Spruce Street, Gridley, CA 95948

Paradise Adult Services: (530) 877-5845 805 Cedar Street, Suite B, Paradise, 95969 Adult Inpatient Psychiatric Health Facility: (530) 891-2775 592 Rio Lindo Avenue, Chico, CA 95926

Psychiatric Health Facility for individuals on 72-hour hold Iversen Wellness and Recovery Center: (530) 879-3311 492 Rio Lindo Avenue, Chico, CA 95926

California State University, Chico Counseling Training Center

Free counseling provided by CSU, Chico Graduate students. CSUC Counseling Training Center (530) 898-4195

Catalyst Domestic Violence Services

Domestic, family, and relationship violence prevention and education, crisis help, shelter, safety planning, and counseling.

24 Hour Hotline (800) 895-8476

Chico Business Office (530) 343-7111 330 Wall Street, Suite 50, Chico, CA 95928 Oroville Drop-In Center (530) 532-6427 1931 Arlin Rhine Drive, Oroville, CA 95966

Feather River Tribal Health

Provides behavioral health services. Accepts Medi-Cal and Medi-Care.

Feather River Tribal Health (530) 534-5394

2145 5th Avenue, Oroville, CA95965

Hours: Mon-Fri 7am-6pm, Wed 7am-8pm

The Growing Place Counseling center

Provides a wide range of psychotherapy, life coaching, and mental health education.

The Growing Place (530) 588-0448

1074 East Avenue, Suite A-4, Chico, CA 95926

Hmong Cultural Center of Butte County

Individual and family support, referrals for general social services, and support groups.

Hmong Cultural Center (530) 534-7474

1940 Feather River Blvd, Suite H, Oroville, CA 95965

Northern Valley Catholic Social Services (NVCSS)

Low-cost or free counseling and support services to individuals and families.

NVCSS Chico (530) 345-1600

10 Independence Circle Chico, CA 95973

NVCSS Gridley (530) 846-3238 996

A Spruce Street, Gridley, CA 95948

NVCSS Oroville (530) 538-8221

2185 Baldwin Avenue, Oroville, CA 95966

NVCSS Paradise (530) 876-0928

7078 Skyway, Paradise, CA95969

NVCSS Red Bluff (530) 528-8066

220 Sycamore Street, Suite 101, Red Bluff, CA 96080

Northern Valley Talk Line

Free telephone support for those needing non-crisis response to troubles, questions, and concerns.

Northern Valley Talk Line (855) 582-5554

Rape Crisis Intervention and Prevention

Emergency help for sexual assault, counseling, and support groups.

24 Hour Crisis Line (530) 342-7273

Office (530) 891-1331

2889 Cohasset Road Ste.2, Chico, CA 95973

Tehama (530) 529-3980

Shalom Free Clinic

Free drug and alcohol intervention, mental and behavioral health counseling and referrals, and health screenings and education.

Shalom Free Clinic Mental Health Clinic: Sundays 1-4pm

(530) 342-2445

295 East Washington Avenue, Chico, CA 95928

1010 Mangrove Ave Suite D, Chico, CA 95928

General Health Care: Sundays 1-4pm

Alternative Health Care: Wednesdays 5-7pm

www.shalomfreeclinic.org

Stonewall Alliance Center

Outreach to LGBTQ youth and young adults to provide information, education, and support in prevention of suicide and suicide risk.

Stonewall Alliance (530) 893-3336

358 East 6 th Street, Chico, CA 95928

Victor Programs

Support for children, youth, young adults and families. Offers a wide array of mental and behavioral health services.

Victor (530) 267-1700 1360

East Lassen Avenue, Chico, CA 95973

(530) 893-0758

Youth for Change

Counseling services for children and adolescents.

Youth for Change (530) 877-1965

6249 Skyway, Paradise, CA 95969

Main Address: 7200 Skyway, Paradise, CA 95926

Emergency Services

If you are experiencing an emergency, call 911 or go to your nearest emergency room

6th Street Center for Youth

Safe place and services for youth ages 14-24.

Youth Center (530) 894-8008 130 West 6 th Street, Chico, CA 95928

American Red Cross

Emergency shelter, food, and clothing.

Yuba City (530) 673-1460 2125 East Onstott Road, Yuba City, CA 95991

Butte County Adult Protective Services

Report abuse occurring in Butte County.

Abuse of an elder or dependent adult includes physical abuse, neglect, financial abuse, abandonment, or abduction.

Adult Protective Services (800) 664-9774 78 Table Mountain Blvd Oroville, CA

Catholic Ladies Relief Society

Emergency assistance with food, PG&E utility bill, gas for vehicle, bus tickets, and non-narcotic prescription needs.

Office (530) 895-8331 1386 Longfellow Avenue, Chico, CA 95926

Cherokee Restoration Fellowship

Drugs and alcohol rehabilitation Office

(530) 534-3663 2041 Fogg Avenue, Oroville, CA 95965

Children's Services Division

Services and intervention for abused and neglected children and their families.

24-hour Abuse Hotline 1-800-400-0902

North County Office (530) 879-3731 2445 Carmichael Drive, Chico, CA 95928 South County Office (530) 538-7617 78 Table Mountain Blvd., Oroville, CA 95965

Father's House Church Food Pantry

Food distribution every Friday at 1:00 PM.

Food Pantry (530) 534-4140 2833 Fort Wayne Street, Oroville, CA 95966

Gridley Community Center

Food distribution, WIC, parenting classes, and after school teen center.

Gridley Community Center (530) 538-7534 200 East Spruce Street, Gridley, CA 95948

Christian Life Center Opt.3 (530) 712-2600 1492 East Ave, Chico, CA

Help for People

Assistance for low income individuals and families needing emergency groceries and clothing vouchers.

Help for People (530) 872-4357 5533 Skyway, Suite A, Paradise, CA 95969

Jesus Center

Jesus Center (530) 345-2640 1297 Park Avenue, Chico, CA 95928

Services for individuals experiencing homelessness.

Free breakfast Mon-Fri: single ladies and families with children: 7:15 a.m. – 8:00 a.m., men & couples: 8:15 a.m. – 9:00 a.m.:

Dinner: men & couples: 2:45 p.m. – 3:30 p.m. single ladies & families with children: 3:45 p.m. – 4:30 p.m.

Sat: Breakfast: single ladies & families with children: 7:30 a.m. – 8:15 a.m. men & couples: 8:30a.m. – 9:15 p.m.

Dinner: Men & Couples: 1:45 p.m. - 2:30 p.m. single ladies & families with children: 2:45 p.m. - 3:30 p.m.

Sun: Breakfast: single ladies & families with children: 7:30 a.m. – 8:15 a.m. men & couples: 8:30 a.m. – 9:15 a.m.

Showers: Monday-Saturday Men: 8:15 - 10:00 a.m. Women: 1:30 - 2:30 p.m.

Oroville Hope Center

Assistance with housing for homeless individuals and families.

Hope Center (530) 538-8398 1950 Kitrick Avenue, Suite A, Oroville, CA 95966

Oroville Rescue Mission

Free meals and shelter for homeless individuals in the Oroville area.

Administrative Office (530) 533-9120 2445 Oro Dam Blvd, Suite 2, Oroville, CA Men's Shelter (530) 534-9541 4250 Lincoln Blvd, Oroville, CA, 95966 4250 Lincoln Blvd, Oroville, CA 95966

Paradise Ridge Family Resource Center

Family support, basic needs assistance, parent support, classes, and food distribution. Family Resource Center (530) 872-3896 6249 Skyway, Paradise, CA 95969

Salvation Army

Short-term assistance with basic needs and supplies.

Toll Free (800) 728-7825

Chico (530) 342-1871 567 E. 16th St Chico, 95928

Oroville (530) 534-7155 1640 Washington Ave Oroville, 95966

Paradise Adventist Church

(530)877-4454 5720 Academy Dr, Paradise, CA

Free Lunch Sundays 12-1pm

Community Service Tuesdays 8:30-11am (free food and clothing)

Paradise United Methodist

6722 Clark Rd, Paradise, CA (530) 877-5989

Free lunch Mondays 11:45-1:15pm St. Nicholas Episcopal 5872 Oliver Rd, Paradise, CA (530) 877-7006

Free lunch Tuesdays 12-1:30pm and Thursdays 4-6pm

Food pantry (nonperishable food items for 80 families 2 times a month)

Additional Saturday lunch 12-1:30pm

Free clothes for community members

www.parum.org

St. Thomas More Catholic Church

767 Elliot Rd, Paradise, CA (530) 877-4501

Free lunch Wednesdays 12-1pm

Torres Community Shelter

Temporary housing and services for homeless men, women, and children.

Check in at 5:00- 6:00 PM.

Torres Shelter (530) 891-9048 101 Silver Dollar Way, Chico, CA 95928

Open for guests 4:30pm-6:40am daily

Check in 4:30pm-6pm for new and returning patients

Dental Health Services

Low Cost Clinics and Resources for Dental Health

Disability Services

Ability First Sports Camp

Sports camp provided through Chico State for children with disabilities.

Ability First (530) 588-0335 http://www.facebook.com/abilityfirstsports

ARC of Butte County

Services for individuals with disabilities, including respite care and support groups.

Chico (530) 891-5865 2030 Park Avenue, Chico, CA 95928

Oroville (530) 532-1272 2745 Oro Damn Blvd, Oroville, CA

Paradise (530) 762-0279 5325 Black Olive Drive, Paradise, CA 95969

Autism Lifespan

Networking and support for families of children with special needs.

Autism Lifespan (530) 897-0300 2418 Cohasset Road, Suite #150, Chico, CA

Brain Injury Coalition

Resource information and support for individuals suffering from brain injuries.

Brain Injury Coalition (530) 342-3118 341 Main Street, Suite 311, Chico, CA 95928

www.braininjurycoalition.info/

Butte Community College: Disabled Student Program and Services

Support services for Butte College students with disabilities.

Disabled Student Program & Services (530) 895-2455

3536 Butte Campus Drive, Oroville, CA 95965

Caminar

Support services for individuals with developmental disabilities, including independent living, housing, and employment services.

Caminar (530) 343-4421

376 Rio Lindo Avenue, Chico, CA 95926

CSU, Chico Accessibility Resource Center

Support services for Chico State students with disabilities.

Accessibility Resource Center (530) 898-5959

400 West 1 st Street, Chico, CA 95929

Student Services Center 170

CSU, Chico Autism Clinic

Diagnostic evaluations, assessment, and programs for individuals with autism.

Autism Clinic (530) 898-6373 400 West 1 st Street, Chico, CA 95929 Yolo Hall Room 243

CSU, Chico Center for Communication Disorders

Speech and language services provided by graduate student clinicians.

Center for Communication Disorders (530) 898-5871 400 West 1st Street, Chico, CA 95929

Hours: Mon-Fri 8am-5pm Room: Aymer J. Hamilton 100

Deaf and Disabled Telecommunications Program

Telecommunications Program (800) 806-1191 http://ddtp.cpuc.ca.gov/

Disability Action Center

Free support and advocacy for individuals with special needs, including rental housing, referrals, assistive technology, durable medical equipment, etc.

Disability Action Center (530) 893-8527

1161 East Avenue, Chico, CA 95926

Redding: 1600 West St. (530) 242-8550

Disability Rights California

Legal advocacy for people living with disabilities. Disability Rights (800) 776-5746 or (530) 345-4113 1280 East 9th Street, Unit E, Chico, CA 95928

Do It Leisure

Recreation for individuals with developmental disabilities.

Do It Leisure (530) 343-6055

2233 Fair Street, Chico, CA 95928

Easter Seals

Services for children and adults with disabilities.

Yuba City (530) 673-4585

1670 Sierra, Suite 601, Yuba City, CA 95993

Sacramento (916) 485-6711

3205 Hurley Way, Sacramento, CA 95864

Far Northern Regional Center

Community referrals and advocacy for individuals with developmental disabilities.

Far Northern (530) 895-8633

1377 East Lassen Avenue, Chico, CA 95973

Feather River Industries

Vocational training and work services for disabled adults.

Feather River Industries (530) 534-1112 1811 Kusel Road, Oroville, CA 95966

Handi-Riders of Northern California

Horseback riding for people living with disabilities.

Handi-Riders (530) 533-5333

1391 Clark Road, Oroville, CA 95965

Hartford Place

Apartment building for people with developmental disabilities.

Hartford Place (530) 345-2029

2058 Hartford Drive, Chico, CA 95928

Home Health Care Management

Assistance with caring for individuals with special needs.

Home Health (530) 343-0727

1398 Ridgewood Drive, Chico, CA 95973

Meals on Wheels

Meal delivery to individuals with health concerns, disability or elderly.

Chico (530) 343-9147

2836 Morseman Avenue, Chico, CA 95973

Paradise (530) 877-8707

5974 Pentz Road, Paradise, CA 95969

Northern California Deaf and Hard of Hearing

Support services for people who are deaf and hard-of-hearing.

DeafJOBS Answering Service (530) 740-7803

TTY (530) 740-7802

1521 Butte House Road B, Yuba City, CA 95993

Office of Client's Rights Advocacy

Legal advocacy for clients of Far Northern Regional Services.

Client's Rights Advocacy (530) 345-4113

1280 East 9th Street, Unit E, Chico, CA 95928

Passages Caregiver Resource Center

Services and respite care for caregivers.

Passages (530) 898-5925

25 Main Street, Suite 202, Chico, CA 95929

Rowell Family Empowerment

Information and support services for families of children with special needs.

Rowell Family Empowerment (530) 226-5129

2701 Old Eureka Way, Suite 2i, Redding, CA 96001

State Department of Rehabilitation

Vocational testing and job placement assistance for people with disabilities.

Chico (530) 895-5507 470 Rio Lindo Avenue, Suite 4, Chico, CA 95926

Oroville (530) 538-6856 78 Table Mountain Blvd., Oroville, CA 95965

Society for the Blind

Support services for individuals who are visually impaired.

Office (916) 452-8271 1238 S Street, Sacramento, CA 95811
Senior Impact Project (916) 889-7516

State Council on Developmental Disabilities

State agency providing advocacy on behalf of individuals with disabilities.

Office (530) 895-4027 1367 E. Lassen Avenue #B3, Chico, CA 95973

Work Training Center (WTC)

Job and life skills training for individuals with disabilities. (530) 343-8994 https://wtcinc.org

Family Services

Boys and Girls Club

Recreation, education and leadership programs for children and teens.

Chico Clubhouse (530) 899-0335 601 Wall Street, Chico, CA 95928 Chico Teen Center (530) 899-0335

Paradise Elementary School (530) 872-1502

Ponderosa Elementary (530) 872-0562 6593 Paradise Intermediate School (530) 877-7132

Paradise Teen Center (530) 872-3662 Pine Ridge School (530) 873-2437 Oroville Teen Center (530) 533-3139 Butte Community College (530) 895-2361

Chico Center (530) 895-1352

628 Wall Street, Chico, CA 95928

588 Pearson Road, Paradise, CA 95969

Pentz Road, Paradise, CA 95969 5657 Recreation Drive, Paradise, CA 6241 Skyway, Paradise, CA 95969 13878 Compton Drive, Magalia, CA 2380 Las Plumas Ave, Oroville, CA 3536 Butte Campus Drive, Oroville, CA 2320 Forest Avenue, Chico, CA 95928

Butte County 211

24-hour quick access to free and low cost services in Butte County. Butte 211 Dial 211 www.helpcentral.org

Butte County Department of Employment and Social Services (DESS)

DESS Chico (530) 895-4364 2445 Carmichael Drive, Chico, CA 95928 78 Table Mountain Blvd, Oroville, CA DESS Oroville (530) 538-7301

Main Number: 877-410-8803 Adult Services (530) 538-7538 Reporting Line (800) 664-9774

In-Home Supportive Services (855) 398-8899

Public Guardian (530) 538-7251

Butte County Library

Free access to books and computers.

Chico Library (530) 891-2726

Oroville Library (530) 538-7641 Biggs Library (530) 868-5724

Durham Library (530) 879-3835

Gridley Library (530) 846-3323

Paradise Library (530) 872-6320

Literacy Services (888) 538-7198

1108 Sherman Avenue, Chico, CA 95926 1820 Mitchell Avenue, Oroville, CA 95966

464A B Street, Biggs, CA 95917

2545 Durham-Dayton Hwy, Durham, CA 95938

299 Spruce Street, Gridley, CA 95948 5922 Clark Road, Paradise, CA 95969

Cal Fresh

Food stamp benefits for eligible families and people.

Cal Fresh (877) 410-8803 http://www.c4yourself.com/

Chico: 2445 Carmichael Drive, Chico, CA 95928 Chico: 25 Main St. Chico, CA 95929 (530) 345-9749 Oroville: 78 Table Mountain Blvd, Oroville, CA 95965

CalWORKs

Temporary financial assistance and employment-related services to families in need with minor children.

CalWORKs (877) 410-8803 http://www.c4yourself.com/

Chico: 2445 Carmichael Drive, Chico, CA 95928 Oroville: 78 Table Mountain Blvd, Oroville, CA 95965

California Low Cost Auto Insurance

Low cost auto insurance for qualifying California residents.

Low Cost Auto Insurance (866) 602-8861 www.mylowcostauto.com

Caring Choices

Home safety evaluation and equipment for families with children under the age of 5 years.

Caring Choices (530) 899-3873 1398 Ridgewood Drive, Chico, CA 95973

Center for Healthy Communities

Cal Fresh outreach and nutrition education.
Center for Healthy Communities (530) 898-5323
25 Main Street, Suites 101 & 201, Chico, CA 95929

Chico Area Recreation and Park District

Recreation programs, community events, and classes for children, adults, and seniors. CARD (530) 895-4711 545 Vallombrosa Avenue, Chico, CA 95926

Computers for Classrooms, Inc.

Provides working computers for low income families and individuals. Computers for Classrooms (530) 895-4175 411
Otterson Drive, Suite 100, Chico, CA 95928

Facebook for Sale Groups

Chico Needs: https://www.facebook.com/groups/ChicoNeeds/

Chico Needs II: https://www.facebook.com/groups/294345793953524/

Butte County's Virtual Yard Sale: https://www.facebook.com/groups/105386366278218/

Family Voices of California

FVCA builds the capacity of parent centers throughout California to provide families with the information and support they need to make informed decisions about the health care of their children.

(415) 282-7494 1663 Mission Street, 7th Floor San Francisco, CA 94103 http://www.familyvoicesofca.org/

Four Winds Indian Education Center

After school programs, GED preparation, cultural classes, and health education and prevention.

Four Winds (530) 895-4212 2345 Fair Street, Chico, CA 95928

Freecycle Network

Online network for free and donated items.

Chico: https://groups.freecycle.org/group/ChicoCA/ Oroville: https://groups.freecycle.org/group/OrovilleCA/

National Parent Helpline

Emotional support, listening, and referrals to parenting resources and support.

Helpline (855) 427-2736 www.nationalparenthelpline.org

Oroville Adult Education Center

Academic and vocational training for all ages.

Oroville Adult Education (530) 538-5350 2750 Mitchell Avenue, Oroville CA

Valley Oak Children's Services

Child Care referrals and programs for families with low income.

Valley Oak (530) 895-3572 3120 Cohasset Road, Suite 6, Chico, CA 95973

Health and Wellness

Addus Home Health Services

Skilled nursing, home rehabilitation, attendant registry for In-Home-Supportive Services recipients.

Addus (530) 342-7248 936 Mangrove Avenue, Chico, CA 95926

(530) 566-0405

Ampla Health

Comprehensive medical and dental services, accepts Medi-Cal.

Chico (530) 342-4395 680 Cohasset Road, Chico, CA 95926 Chico Dental (530) 342-6065 236 West East Avenue, Suite H, Chico, CA Oroville (530) 534-7500 2800 Lincoln Street, Oroville, CA 95966 Gridley (530) 846-6231 520 Kentucky Street, Gridley, CA 95948

Butte County Public Health

Free family planning services, immunizations, confidential testing, and health education services.

Chico Clinic (530) 879-3665 695 Oleander Avenue, Chico, CA95926 Oroville Clinic (530) 538-7341 78 Table Mountain Blvd, Oroville, CA 95965 Tobacco Information (530) 538-7581 202 Mira Loma Drive, Oroville, CA 95965

Butte Home Health and Hospice

Home health care services, accepts Medi-Cal. Butte Home Health and Hospice (530) 895-0462 10 Constitution Drive, Chico, CA 95973

Caring for Women

Free and confidential pregnancy resource for women.

Caring for Women (530) 532-9362 2309 Lincoln Street, Oroville, CA 95965

Covered California Covered CA

Hours: Mon-Fri 8am-6pm (800) 300-1506 www.coveredca.com

Enloe Medical Center

24-hour acute care hospital, Level II Trauma Center.

Hospital (530) 332-7300 1531 Esplanade, Chico, CA 95926

Enloe Prompt Care

Immediate medical services not requiring emergency care.

California Park (530) 332-6850 888 Lakeside Village Commons, Chico, CA 95926

Cohasset (530) 332-4111 560 Cohasset Road, Chico, CA 95926

Feather River Health Center

Outpatient facility providing medical services for children and adults. Health Center (530) 872-2000 5125 Skyway, Paradise, CA 95969

Feather River Hospital

24-hour acute care hospital.

Hospital (530) 877-9361 5974 Pentz Road, Paradise, CA 95969

Feather River Tribal Health

Health and wellness services for families.

FRTH (530) 534-5394 2145 5th Avenue, Oroville, CA 95965

Leukemia and Lymphoma Society

Free blood cancer information, education, and support for patients, survivors, families, and healthcare professionals.

Leukemia and Lymphoma Society (916) 929-4720 7750 College Town Drive, Suite 210, Sacramento, CA 95826

Medi-Cal

Chico (530) 895-4364 2445 Carmichael Drive, Chico, CA 95928 Oroville (530) 538-7301 78 Table Mountain Blvd, Oroville, CA 95965

Northern Valley Indian Health

Provides medical and dental services, all patients welcome.

NVIH (530) 896-9400 845 W. East Avenue, Chico, CA 95926

Chico Cohasset

Dental and Women's Health

(530) 433-2601 277 Cohasset Road, Chico, CA 95926

Main Number: (530) 433-2500

Children's Health Center

(530) 781-1440 500 Cohasset Road, Suite 15, Chico, CA 95926

Orchard Hospital

24-hour acute care hospital.

Hospital (530) 846-9000 240 Spruce Street, Gridley, CA 95948

Oroville Hospital

24-hour acute care hospital.

Hospital (530) 533-8500 2767 Olive Highway, Oroville, CA 95966

Peg Taylor Center

Adult day health care services.

Peg Taylor Center (530) 342-2345 124 Parmac Road, Chico, CA 95926

Planned Parenthood

Sexual and reproductive healthcare services for everyone.

Planned Parenthood (530) 342-8367 3100 Cohasset Road, Chico, CA 95973

(800) 230-7526

Project S.A.V.E. Chico

Collects and re-distributes quality recycled medical and dental equipment and supplies, free of charge.

Project S.A.V.E. (530) 680-5974 2553 Hwy 32, Chico, CA 95973

Paradise Lutheran Church

Free lunches and help for those who really need it.

Luther Hall (530) 877-3549 780 Luther Drive, Paradise, CA 95969

Free Lunch: Fridays 12-1:30pm

Shriners Ben Ali Shrine Center

Annual free screening clinics in Butte County for children with special health conditions.

Shriners (916) 920-4107 3262 Marysville Blvd, Sacramento, CA 95815

http://www.facebook.com/ChicoShrineClub

Social Security Administration

Social security benefits including retirement, survivors, disability, and SSI. Chico (866) 964-7585 1370 E Lassen Avenue #150, Chico, CA 95926 Oroville (866) 331-7130 115 Table Mountain Blvd, Oroville, CA 95966

Women's Health Specialists

Low cost feminist healthcare for women. Women's Health Specialists (530) 891-1911 1469 Humboldt Road #200, Chico, CA 95928

Women's Resource Clinic

All services are free: Pregnancy Tests and Verification, Education on Options, Post Abortion Counseling, Earn While You Learn Parenting Program, Ultrasound Imaging, and Referrals to Physicians/Midwives.

Clinic & 24-hour Hotline (530) 897-6100 1 15 West 2nd Avenue, Chico, CA 95926 Mobile Medical Clinic 1492 East Avenue, Life Church Parking Lot (530) 897-6101 Fridays: 10:00 AM – 4:00 PM

Housing Services

City of Chico City Housing and Neighborhood Services

Referrals to low income and affordable housing. Housing and Neighborhood Services (530) 879-6300 411 Main Street, 2nd Floor, Chico, CA 95928

Community Action Agency of Butte County

Services, resources, and advocacy for economically and socially disadvantaged individuals, including transitional housing for families.

Community Action Agency (530) 712-2600

181 East Shasta Avenue, Chico, CA 95973

Community Housing Improvement Program

Low income apartment rentals and credit counseling. Community Housing Improvement Program (530) 891-6931 1001 Willow Street, Chico, CA 95928

Oroville Housing Department

Housing programs for income qualified families.

OHD (530) 538-2495

1735 Montgomery Street, Oroville, CA 95965

Habitat for Humanity of Butte County

Homebuilding and home repair for families who qualify for the program.

Habitat for Humanity (530) 895-1271 220 Meyers Street, Chico, CA 95928

Housing Authority of the County of Butte

Housing assistance for residents of Butte County with low incomes, including Section 8. Housing Authority (530) 895-4474 2039 Forest Avenue, Chico, CA 95928

Keep Your Home California

Free service for homeowners suffering from financial difficulties.

Keep Your Home California (888) 954-5337 keepyourhomecalifornia.org

Town of Paradise Housing Program

Deferred, low-interest loans to eligible first-time home buyers.

Housing Program (530) 872-6291 5555 Skyway, Paradise, CA 95969

Meals and Groceries

Department of Employment and Social Services

Access to government benefits such as employment services, CalFresh ("food stamps") and cash assistance.

530-879-3845

Butte County Resources

(food, housing, health, etc.)

Dial 211 from your phone

or Search online at http://www.helpcentral.org/

HOPE Center

Meals, emergency food and clothing, food boxes monthly (waiting list), faith-based recovery, home of ACADC (Association of Christian Alcohol and Drug Counselors)

www.orovillehopecenter.org/

530-538-8398

Torres Shelter

Shelter, meals and support services.

www.torresshelter.org/

Transition Services

Disability Benefits 101

DB101 helps people with disabilities and service providers understand the connections between work and benefits.

ca.db101.org

Genetically Handicapped Persons Program (GHPP)

The GHPP is a health care program for adults with certain genetic diseases. It helps people who are on GHPP with their health care needs.

GHPP (916) 327-0470 Toll Free (800) 639) 0597

MS8100, PO Box 997413, Sacramento, CA 95899-7413

www.dhcs.ca.gov/services/ghpp/Pages/default.aspx

Got Transition

Got Transition aims to improve transition from pediatric to adult health care through the use of new and innovative strategies for health professionals, and youth and families. www.gottransition.org

Independent Living Services of Northern California Disability Action Center (DAC) is a nonprofit organization helping community members with disabilities to achieve and/or maintain their optimal level of self-reliance and independence. Disability Action Center (530) 893-8527 1161 East Avenue, Chico, CA 95926 actionctr.org

Office of Disability Employment Policy (ODEP)

Promoting policies and coordinating with employers and all levels of government to increase workplace success for people with disabilities. www.dol.gov/odep/

Transitional Age Youth Team (TAY) Ages 16-24 (530) 891-2945

Chico Community Counseling Center 109 Parmac Rd. Suite 1, Chico, CA 95926

Gridley Family Services (530) 846-7305 995 Spruce St, Gridley, CA, 95948

Oroville Community Counseling Center (530) 538-2158 88 Table Mountain Blvd, Oroville, CA, 95965

Caregiver and Parenting Support

++= Spanish speaking agency

Action Network: 707-884-5413 https://www.actionnetwork.info

39144 Ocean drive, Suite 3 & 4, Gualala

Parent support services designed to strengthen family ties. Services include: child, teen and adult mental health, early childhood development, teen enrichment and life skills, positive parenting and peer partnership, domestic abuse counseling, and substance abuse prevention. Servicios de apoyo para padres diseñados para fortalecer los lazos familiares. Los servicios incluyen: salud mental de niños, adolescentes y adultos, desarrollo de la primera infancia, enriquecimiento de adolescentes y habilidades para la vida, asociación positiva entre padres y compañeros, asesoramiento sobre abuso doméstico y prevención del abuso de sustancias.

++Child Parent Institute (CPI): 707-585-6108

https://www.calparent.org

3650 Standish Ave, Santa Rosa

In-home parent education and support. CPI also offers low-cost and free parenting classes on-site and in the community. Triple P Positive Parenting Services also provided. Educación y apoyo para padres en el hogar. CPI también ofrece clases de crianza gratuitas y de bajo costo en el sitio y en la comunidad. También se brindan servicios de Triple P para padres positivos.

++Early Learning Institute - PEAS Parent Support Program: 707-591-0170 https://earlylearninginstitute.com/?page_id=71

311 Professional Center Drive, Suite 100, Rohnert Park

Developmental screenings, home visiting services, early intervention and consultation to child care providers. Triple P Positive parenting services are also provided.

Exámenes de desarrollo, servicios de visitas al hogar, intervención temprana y consulta a proveedores de cuidado infantil. También se proporcionan servicios de crianza triple P positiva.

++La Luz Center: 707-938-5131 https://www.laluzcenter.org 17560 Greger Street, Sonoma

Provides quality mental health resources: parenting workshops, individual, and group therapy *Proporciona recursos de salud mental de calidad: talleres para padres, terapia individual y grupal.*

++McDowell School Family Resource Center: 707-778-4697

420 South McDowell Blvd, Petaluma

Triple P Positive Parenting Program, family reading program, counseling, ESL classes. Programa de Padres Positivos Triple P, programa de lectura familiar, asesoramiento, clases de ESL. ++Migrant Education: 707-526-1272

5520 Skylane Blvd, suite 100, Santa Rosa

Family support and intervention activities for children of migrant farm workers.

Actividades de apoyo e intervención familiar para hijos de trabajadores agrícolas migrantes.

++Padres Unidos: 707-579-4816 ext. 3198 https://capsonoma.org/padres-unidos/

Sixteen-week Spanish language parent training program designed specifically for parents of teenagers with out-of-control or destructive behaviors.

Programa de capacitación para padres en español de dieciséis semanas diseñado específicamente para padres de adolescentes con conductas descontroladas o destructivas.

Parents Place at Jewish Family and Children's Services: 707-303-1520

https://parentsplaceonline.org

1360 North Dutton Ave, Suite C, Santa Rosa

Parent education classes including Triple P, post-adoption service and home visiting Clases de educación para padres que incluyen Triple P, servicio posterior a la adopción y visitas al hogar

++Petaluma People Services: 707-765-8488 1500 Petaluma Blvd South, Suite A, Petaluma

Triple P Positive Parenting Program, family reading program, counseling, ESL classes Programa de Padres Positivos Triple P, programa de lectura familiar, asesoramiento, clases de ESL.

River to Coast Children's Services: 707-869-3613

https://www.rccservices.org

16300 First Street, Guerneville

Kindergym in Forestville and Guerneville for parents and their children 0-6 years. Community resources, parenting education, and information on literacy, development, health, nutrition and safety.

Kindergym en Forestville y Guerneville para padres y sus hijos de 0 a 6 años. Recursos comunitarios, educación para padres e información sobre alfabetización, desarrollo, salud, nutrición y seguridad.

Youth Recreation

Big Brother/Big Sisters of Sonoma County: 707-258-6346

www.bbbs.org

For youth ages 6-18. Enrolled kids are matched with a trained, volunteer adult mentor. BBBS programs available throughout the Bay Area.

Para jóvenes de 6 a 18 años. Los niños inscritos se combinan con un mentor adulto capacitado y voluntario. Programas de Big Brothers / Big Sisters disponibles en toda el Área de la Bahía.

Chops Teen Club 707-284-2467

www.chopsteenclub.org

509 Adams St., Santa Rosa

After school and weekend activities for 7th - 12th grade students

Art, college and career hub, culinary, leadership and development, music, sports and recreation, technology, gaming and more.

Actividades extracurriculares y de fin de semana para alumnos de 7º a 12º grado Centro de arte, universidad y carrera, culinaria, liderazgo y desarrollo, música, deportes y recreación, tecnología, juegos y más.

Positive Images: 707-568-5830

www.posimages.org

Drop by the community center at 200 Montgomery Drive, Suite C, Santa Rosa Ages 12-24 - LGBTQ+ youth and young adult weekly drop-in support groups, leadership development, social events. Find Positive Images on Facebook and Instagram for current information about events and support groups.

Pase por el centro comunitario en 200 Montgomery Drive, Suite C, Santa Rosa Edades 12-24 - Grupos de apoyo semanal LGBTQ + para jóvenes y adultos jóvenes, desarrollo de liderazgo, eventos sociales. Encuentre imágenes positivas en Facebook e Instagram para obtener información actualizada sobre eventos y grupos de apoyo.

Sebastopol Community Cultural Center: 707-823-1511

www.seb.org

390 Morris St., Sebastopol

Teen club, kinder programs, camps, sports, 'Parents night out' events

Club para adolescentes, programas para niños, campamentos, deportes, eventos de "Noche de padres"

Sebastopol Center for the Arts: 707-829-4797

www.sebarts.org

282 S. High St., Sebastopol

Youth Arts Education - classes and workshops (painting, ceramics, drawing, weaving and more) Educación artística juvenil: clases y talleres (pintura, cerámica, dibujo, tejido y más) Sonoma County YMCA: 707-545-9622

www.scfymca.org

1111 College Ave., Santa Rosa

Youth programs include: after school recreation, sports teams, fitness classes, gymnastics, swim lessons and more

Los programas para jóvenes incluyen: recreación después de la escuela, equipos deportivos, clases de gimnasia, gimnasia, clases de natación y más.

West County Community Services: Youth Programs: 707-823-1640 www.westcountyservcies.org/youth-programs/

Counseling services, Adventures for Kids summer program, summer job assistance YEES - Youth Education and Employment Service: program assisting disadvantaged youth to make a successful transition to adulthood with education and employment opportunities. Servicios de asesoramiento, programa de verano Adventures for Kids, asistencia laboral de verano

YEES - Servicio de Educación y Empleo Juvenil: programa que ayuda a los jóvenes desfavorecidos a hacer una transición exitosa a la edad adulta con oportunidades de educación y empleo.